Compass

Young People’s Substance Misuse Service

Harrow

Building a Better Life
Introductions

Mikayla Lawrence
YP Substance Misuse Practitioner
Mission, Vision & Values

MISSION
Helping people to solve the problems of drug and alcohol use, creating healthier lives and safer communities

VISION
To be the best provider of substance misuse services by having the maximum impact on the lives of the people we help

VALUES
- Integrity: An unstinting commitment to honesty and openness in all our activities
- Valuing Each Individual: Respecting the needs of individuals and seeking to give them greater control over their lives
- Being Solution Focused: Responding quickly and flexibly to new and emerging needs
- Consistent & Reliable Approach: Delivering on our commitments - we do what we say we will
Areas of work:

– Children and Families
– YOT
– CAMHS
– Secondary schools
– Colleges
– Housing
– Youth services
Our interventions:

– Advice and Information
– Triage and Comprehensive Assessments
– Care Planning
– Risk Assessments
– Risk Management Plans
– Identifying triggers
– Recognising cravings
YP Views

Legal Highs

What Do They Think....
Ms Thoughts:

“Absolutely ridiculous it doesn’t appeal to me. I’ve never tried it, but friends who have say that they feel light headed for 30 seconds and then nothing”
B says:

“That’s a waste of time and money”
Zs Thoughts:

“I’d prefer to smoke a Zoot”
T Says:

“Na Bruv”
C Says:

“In my opinion I think that legal highs are a bad thing. I’ve used a legal high called laughing gas (street name Nos), I didn’t think that it was good supposing I had never used it before. The feeling that you get is a light headed feeling, then no matter what you do you will laugh uncontrollably. I tried to stop laughing, however it got the best of me. LH are bad because they haven’t been tested”
What Do I think…

Legal Highs are in a nutshell are LETHAL, they mimic the effects of illegal substances. However they manage to slip through the net as they can be sold for example as bath salts or plant food.
What Am I Seeing…

• Cannabis

• Alcohol
Cannabis Facts

• Cannabis is still the most widely used illegal drug in the UK
• Cannabis can affect fertility
• Cannabis can harm your mental health - The risk of developing a psychotic illness such as schizophrenia is higher if you start using in your teens.
• Under 25s the brain is still forming
Alcohol Facts

- Size- If you are younger and smaller your tolerance levels are lower
- Liver Disease- Deaths from liver disease has risen in the 25-34 age range in the past decade
- YPs bodies are still growing
- Cancer of the throat and mouth
- Sexual and mental health problems
Alcohol

• Liver Cirrhosis & Heart disease
• There is no word for hangover in Italian
Referral Criteria:

- Accept referrals up to the age of 18
- Throughput work with young people up to the age of 24
- Contact young person within 24 – 48 hours of referral upon receipt of referral
- Appointment given within 5 working days
- Client needs to live, work or receiving education in the borough
Our location:

The Twenty One Building
Ground Floor
21 Pinner Road
Harrow
HA1 4ES
The easiest way to reach us is to call or email on:

\[ t: 0208 861 2787 \]
\[ m: 07860 438 496 \]
\[ e: adminharrow@compass-uk.org \]

Thank you for your time!!!